

This is a poor attempt. Compare with the other example. The student is vague and not much thought has been given. This might indicate a student who is under threat of failure either due to indolence, failure to understand what is expected of them as a student, or some underlying problem. In this case the action plan has served a most important function, which is to highlight the student's lack of engagement; it is more important to address this than to work further on the plan itself.

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## 2013/14 Semester 2 - Group Meeting

### Exercise 1:

### Action Plan Based on Feedback from the ODL Essay

A student submitting an important essay submission can sometimes be compared to an athlete giving their best shot at an important competition. Imagine that you are your own academic coach. You have just seen the results and feedback of the ODL essay. As your own coach, what new training regime would you prescribe yourself to ensure that you perform better next time?

Please write it as an **action plan** using the template below ensuring you cover different areas of improvement with as detailed timing as possible, and what goals you are expecting to reach.

#### Overall Aim

What is it you are trying to improve?

My grades

#### Current Situation

Describe what you can currently do, or the stage of your development. What is it you are trying to change?

#### Steps to success

List down the steps to success (including deadlines where possible).

Focus, persevere, be prepared earlier and always make sure to meet deadlines

#### SWOT Analysis

In this section you can describe any personal strengths and weaknesses that will aid or hinder your successful completion of this plan. Also, what opportunities exist to aid your success and what external threats and barriers may hinder it.

<b>Strengths</b>	<b>Weaknesses</b>
finishing all work in the given time	being distracted easily
<b>Opportunities</b>	<b>Threats</b>
study sessions, library resources	

#### People

list any of your peers, mentors, coaches, teachers who might help you achieve your goals

#### Books / journal

list any books of journals relevant to this plan

**Online resources**

*list any online resources which might help you achieve your goals*

**Other resources**

*are there any other resources which might be useful?*

**Reflection**

*what have you learnt from thinking about, writing about or carrying out this plan?*

I get distracted easily and I need to spend more time on work

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